

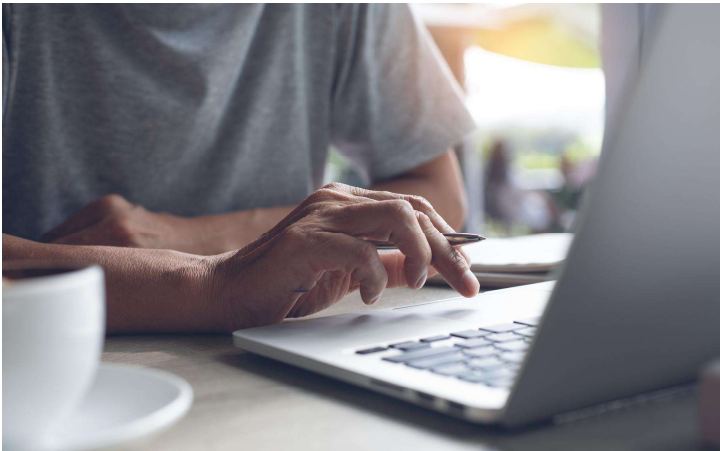
Northern California Schedule

May 2024 - August 2024

OUR MISSION:

To achieve a pass ratio of 90% or better by providing the best training in precicensing, exam preparation, and continuing education in our industry.

QUICK LEARNING SCHOOL



Insurance | Securities | Real Estate

"We prepare you to pass the first time!"

- Live Classroom
- Online Training
- Blended Learning

Classrooms: Concord, San Francisco, and San Jose

Classroom vs. Online (self directed)

Meet the State licensing Requirement

Choose based on:

- Learning Style
- Schedule
- License Type

You have a choice in the learning process

Which learning approach works best for you?

What will help you pass the licensing exam the first time?

How do you best maintain your attention and focus?

The Focus is on YOU.



Call us for more information or to register for classes

408-453-8133

925-676-1526



Register for our classes online

www.quicklearningschool.com



Search for

- Quick Learning School
- Quick Learning School of Concord

*No precensing credit for study hall and exam prep. Study hall and exam prep does not replace the required precensing course.

**Concord location does not offer Code & Ethics Classroom Precensing



Classroom



***Blended Learning**



Online

Traditional classroom learning in person. Benefits of teacher-student and student-student interaction that helps in the learning process.

Meet the state requirement in one week and prepare for the exam at the same time.

Direction given by trainer and office staff to assist in the licensing process.

From the convenience of anywhere: self directed online precensing and instructor led study hall with exam prep in a virtual classroom online.

Benefits of online learning at own pace and virtual classroom interaction teacher-student and student-student. Live virtual study hall with exam prep reviews the precensing essentials with a focus on what you need to know to pass your licensing exam.

Self directed and independent self study.

A great alternative for independent, I can figure it out kind of person.

This online only option, the student completes the online precensing and prepares for the exam separately.

We recommend adding the exam prep intensive or purchasing the study manual to prepare for the licensing exam.

Time Frame 7 - 10 days

Schedule Check our schedule
Full time week long class available monthly

14 - 18 days

Start anytime
Check Schedule for Instructor Led Study Hall w/Exam Prep

Up to 60 days

Start anytime

Tuition \$516.99

Includes

- 52 hours Classroom Precensing (**12 hours Code & Ethics Online Option Subject to additional \$49.99**)**
- Classroom Textbook
- Playbook (Q & A Exam Prep Manual)
- One Day Exam Prep Intensive (3 month pass)

\$363.99

- 52 hours Online Precensing
- Instructor Led Study Hall
- Exam Prep Intensive
- Playbook (Q & A Exam Prep Manual)
- 3 mos pass to Studyhall w/Exam Prep

\$139.99

- 52 hours Online Precensing
- Online Study Q & A
- Must complete within 60 days

Quick Learning School

Concord 2024 ☑ May - August ☑ 2024

Classroom: 2075 Diamond Blvd
Concord, CA 94520 | 925-676-1526

Online Live Instructor Led Classes 2024 ☑ May - August ☑ 2024

Register for "Online Live Zoom Classes" at
either location or online.

San Jose Location 2024 ☑ May - August ☑ 2024

1885 Lundy Ave, Ste 210
San Jose, CA 95131 | (408) 453-8133

May 2024

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
		1	2	3	4	5
			PC5/6	PC7/8	PC9	
6	7	8	9	10	11	12
						Mothers Day
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
Memorial Day	PC1/2	PC3/4	PC5/6	PC7/8	PC9	

May 2024

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
						Mothers Day
13	14	15	16	17	18	19
PEPI	PCSH	PCSH	PCSH			
20	21	22	23	24	25	26
	PCSH	PCSH	PCSH		PEPI	
27	28	29	30	31	1	2
Memorial Day	AHSH	AHSH	AHSH			

May 2024

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
		1	2	3	4	5
			SIE	SIE	C 1/2	C 3
6	7	8	9	10	11	12
PC1/2	PC3/4	PC5/6	PC7/8	PC9		Mothers Day
13	14	15	16	17	18	19
L1/2	L3/4	L5/6	L7/8	L9		RE Cram
20	21	22	23	24	25	26
LEPI			S- 6	S- 63	PEPI	
27	28	29	30	31	1	2
Memorial Day						

June 2024

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
L1/2	L3/4		L5/6	L7/8	L9	
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
PC1/2	PC3/4		PC5/6	PC7/8	PC9	

June 2024

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
PEPI	PCSH	PCSH	PCSH			
17	18	19	20	21	22	23
	PCSH	PCSH	PCSH		PEPI	
24	25	26	27	28	29	30
LEPI		AHSH	AHSH			

June 2024

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
					1	2
					C 1/2	C 3
3	4	5	6	7	8	9
PC1/2	PC3/4	PC5/6	PC7/8	PC9		
10	11	12	13	14	15	16
PEPI		RE 1	SIE	SIE		
17	18	19	20	21	22	23
L1/2	L3/4	L5/6	L7/8	L9	PEPI	
24	25	26	27	28	29	30
LEPI		RE 2				RE Cram

July 2024

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1	2	3	4	5	6	7
			*** Fourth of July *** (Closed 7/4/2024 - 7/7/2024)			
8	9	10	11	12	13	14
L1/2	L3/4		L5/6	L7/8	L9	
22	23	24	25	26	27	28
29	30	31	1	2	3	4
PC1/2	PC3/4		PC5/6	PC7/8	PC9	

July 2024

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1	2	3	4	5	6	7
			*** Fourth of July *** (Closed 7/4/2024 - 7/7/2024)			
8	9	10	11	12	13	14
15	16	17	18	19	20	21
PEPI	PCSH	PCSH	PCSH			
22	23	24	25	26	27	28
	PCSH	PCSH	PCSH		PEPI	
29	30	31	1	2	3	4
LEPI	AHSH	AHSH	AHSH			

July 2024

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1	2	3	4	5	6	7
		RE 5	*** Fourth of July *** (Closed 7/4/2024 - 7/7/2024)			
8	9	10	11	12	13	14
PC1/2	PC3/4	PC5/6	PC7/8	PC9	C 1/2	C 3
15	16	17	18	19	20	21
PEPI		RE 6	S- 6	S- 63		RE Cram
22	23	24	25	26	27	28
L1/2	L3/4	L5/6	L7/8	L9	PEPI	
29	30	31	1	2	3	4
LEPI		RE 7				

August 2024

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
29	30	31	1	2	3	4
5	6	7	8	9	10	11
L1/2	L3/4		L5/6	L7/8	L9	
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
PC1/2	PC3/4		PC5/6	PC7/8	PC9	

August 2024

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
PEPI	PCSH	PCSH	PCSH			
19	20	21	22	23	24	25
	PCSH	PCSH	PCSH		PEPI	
26	27	28	29	30	31	1
LEPI	LAHSH	LSH	LSH			

August 2024

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
29	30	31	1	2	3	4
					C 1/2	C 3
5	6	7	8	9	10	11
PC1/2	PC3/4	PC5/6	PC7/8	PC9		
12	13	14	15	16	17	18
PEPI			SIE	SIE		RE Cram
19	20	21	22	23	24	25
L1/2	L3/4	L5/6	L7/8	L9	PEPI	
26	27	28	29	30	31	1
LEPI			RE 1			

May 2024 - August 2024

Our Signature Course: Exam Prep Intensive™

We prepare you to pass the first time

Ensure You Pass the Exam the First Time!

We offer a full-day Property & Casualty and Life, Accident & Health Agent Exam Prep Intensive™ for those who need assurance in passing the state exam the first time or next time. This course is specifically designed for you. Please note: this course does not replace the state pre-licensing requirements.



What is the Exam Prep Intensive™?

During the full-day Exam Prep Intensive™ (EPI) students can expect to be fully immersed in exam question updates and course material, which will result in passing the first time!

Our use of “Accelerated Learning Techniques” will help you grasp and retain more information. We cover test taking techniques and strategies that will keep you focused on passing the exam. We also review key concepts, ongoing updates to our exam prep, 300 – 400 practice questions & answers, and set you up with the right mindset.

Who would benefit from the Exam Prep Intensive™?

Attention online students or those with challenges passing the exam! Statistically, students completing the pre-licensing requirement online are not adequately prepared to take and pass the exam the first time or those having difficulties passing require a total immersion in the materials to get them over whatever is getting in their way of passing the exam; therefore, we have developed the EPI.

We recommend those who completed the requirement online to bookend online training with our exam prep. Take the course while you are in the process of completing the online training and then a second time prior to sitting for the state licensing exam. Remember: “Repetition is the mother of all learning!” Prior to sitting for the EPI, we strongly encourage each student to schedule their exam within 3 days of the EPI.

Students often times have questions on the licensing process. We:

1. Provide instructions on scheduling your exam and the insurance licensing application process.
2. Get you in the right mindset with the right test taking strategies.
3. Create a plan of action that will get you through the licensing process quickly.
4. Help you with any questions or concerns. Simply call or email us.

Exam Prep Intensive™ ONLY

*Tuition includes: 3 month pass to attend our exam prep as often as you like and playbook (Q & A with explanations)

- Best prior to taking exam
- Focus on key points
- Test strategies
- Ask questions

*Tuition

Life, Accident & Health Agent \$239

Property & Casualty Broker/Agent \$239

Plus S & H \$14 - study materials (playbook) mailed through USPS.



Life, Accident & Health or Sickness Exam Prep - San Jose or Live Online Zoom

Class Hours: 9 AM - 5 PM

May 20, 2024 | Monday

August 26, 2024 | Monday

June 24, 2024 | Monday

July 29, 2024 | Monday



Property & Casualty Broker/Agent Exam Prep - Live Online Zoom

Class Hours: 9 AM - 5 PM

May 13, 2024 | Monday

May 25, 2024 | Saturday

June 10, 2024 | Monday

June 22, 2024 | Saturday

July 15, 2024 | Monday

July 27, 2024 | Saturday

QLS Exclusive "Blended Learning Program"

Online Prelicensing & Virtual Online Classroom Study Hall w/Exam Preparation

At Quick Learning School our goal is to provide an enjoyable and informative learning environment. We strive for every student to have a positive learning experience and develop the skills necessary to pass the California State Insurance Exams the first time or any exam in their professional career.

Many businesses are adjusting their business model in response to the COVID-19 pandemic. To model what we teach (adjust and continue, be flexible), we are happy to announce a "blended learning" program!



What is "blended learning"?

"Blended learning" is an educational style that combines online learning tools with traditional face-to-face style teachings.

Why "blended learning"?

"Blended learning" enables us to further support our students in the prelicensing phase of their new career paths! We set you up for success by using the framework of our classroom environment and learning philosophies. A schedule with homework, accountability, follow-up and the benefit of a community of students who are attending the live face-to-face virtual training. This will ensure that the information provided in our online program is resonating, understood by everyone, and that you, the student, run through the finish line. That means you take your licensing exam and pass the first time!

What does "blended learning" look like and how is it implemented at Quick Learning School?

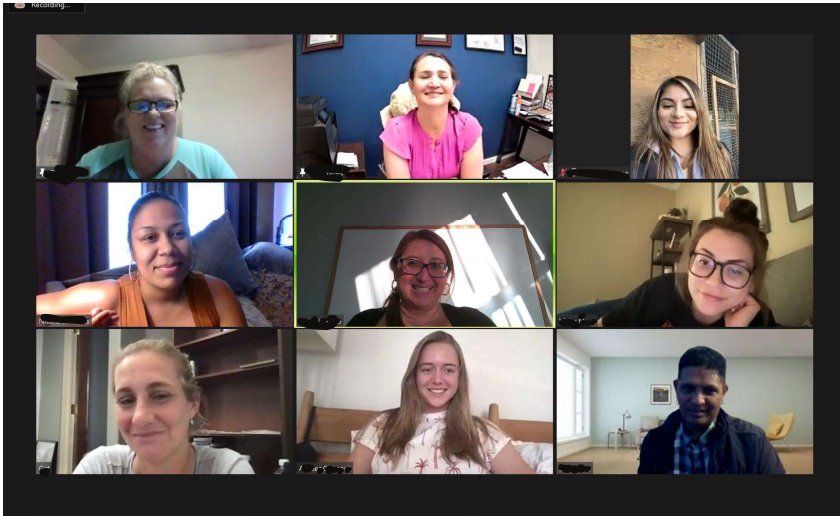
We combine our online prelicensing programs for Life, Accident & Health and Property & Casualty with instructor led virtual review sessions through Zoom. These review sessions do not count towards the required prelicensing hours but complement the online prelicensing programs available to us. The Zoom review sessions provide an in depth understanding of the material covered in the online courses, help our students connect the dots, and retain and remember the relevant information. The review sessions emulate our in-class training by connecting us directly with our students, answering any questions that come up in the training, and enable us to provide additional learning materials and assignments to help you stay on track with the online prelicensing program.

Blended Learning Program

Online Prelicensing And Study Hall w/Exam Prep (tuition includes playbook)*

52 or 40 hours Life, Accident & Health Online Prelicensing and Study Hall w/Exam Prep	\$363.99
52 or 40 hours Property & Casualty Broker/Agent Online Prelicensing and Study Hall w/Exam Prep	\$363.99

*Playbook is a study manual that includes Q & A with explanations and key points. There is an additional S & H Fee \$14.00.



Study Hall Schedule

Property & Casualty Study Hall w/Exam Prep

Live Virtual Classroom on Zoom for two (2) weeks on Tuesday, Wednesday, and Thursdays, 6 pm - 7:30 pm. Exam Prep are on Monday and Saturday, 9:00 am - 5:00 pm.

May - August 2024 Schedule

May 14 - 16 & 21 - 23, 2024 | Exam Prep May 13 & 25
June 11 - 13 & 18 - 20, 2024 | Exam Prep June 10 & 22
July 16 - 18 & 23 - 25, 2024 | Exam Prep July 15 & 27
August 13 - 15 & 20 - 22, 2024 | Exam Prep Aug 12 & 24

Life, Accident & Health or Sickness Study Hall w/Exam Prep

Live Virtual Classroom on Zoom for two (2) weeks Tuesday, Wednesday, and Thursdays (6 - 7:30 pm) & Exam Prep on Monday, 9 am - 5 pm.

May - August 2024 Schedule

May 21 - 23 & 28 - 30, 2024 | Exam Prep May 20
June 18 - 20, 26 & 27, 2024 | Exam Prep June 24
July 23 - 25 & 30 - 31, 2024 | Exam Prep July 29
August 27 - 29 & September 3 - 5, 2024 | Exam Prep Aug 26

Life Only Study Hall w/Exam Prep

May 21 - 23, 2024 | Exam Prep May 20
June 11 - 13, 2024 | Exam Prep June 24
July 23 - 25, 2024 | Exam Prep July 29
August 27 - 29, 2024 | Exam Prep Aug 26

Insurance Exam Prep Options

Exam Prep Intensive™ ONLY

*Tuition includes: 3 month pass to attend one day exam prep as often as you like and playbook (Q & A with explanations)

- Best prior to taking exam
- Focus on key points
- Test strategies
- Ask questions

*Tuition

Life, Accident & Health Agent \$239

Property & Casualty Broker/Agent \$239

Plus S & H \$14 - study materials (playbook) mailed through USPS.

Live Virtual Study Hall w/Exam Prep Intensive

Three Month Study Hall Pass - Two week study hall (T, W, Th), exam prep intensive, and playbook.

- Best prior to taking exam
- Clarity on essentials
- Focus on key points
- Test strategies
- Ask questions

*Tuition

Life, Accident & Health Agent \$289

Property & Casualty Broker/Agent \$289

*Tuition includes study manual Q & A with explanations and QuickNotes.

Start by implementing strategies that can help propel your career forward.

Mindset

Time | Schedule the State Licensing Exam to secure a date and seat

Based on Exam Date - set a completion for Prelicensing and start date for Exam Prep

Practice

Study Exam Prep Material Specific to CA

Less is more - study the playbook and attend the study hall with exam prep or one day exam prep with Quick Learning School

Strategies

Learn Test Taking Strategies

Passing the exam the first time is more than knowing course material. It's just as important to learn how to take a test.

Focus on what matters the most



■ Study Hall w/ Exam Prep Intensive (Cram Course) Our Signature Program

Live classroom or zoom review of test taking strategies, key concepts, and Q & A. Benefit: Focus time and attention to what you need to know.

■ Study Q & A - QLS Playbook

Set time aside and read practice exam questions and answers with explanation.

■ Study with preferred Learning Styles

Visual, Auditory, Kinesthetic, and multi-sensory.

■ Test Taking Techniques

Learn test taking strategies and best practices to pass the licensing exam.

Why you should get registered with FINRA?

TOP 3 REASONS



To become registered, securities professionals must pass qualifying exams administered by FINRA. An individual must pass the exams prior to engaging in those areas of the business. Start with ... SIE®.

The Securities Industry Essentials® (SIE®) Exam is a FINRA introductory-level exam that assesses a candidate's knowledge of basic securities industry information that includes concepts fundamental to working in the industry, such as types of products and their risks; the structure of the securities industry markets, regulatory agencies and their functions; and prohibited practices.

Passing the SIE alone does not qualify an individual for registration with a FINRA member firm or to engage in securities business. In order to become registered to engage in securities business, an individual must:

- Pass the SIE and a qualification exam appropriate for the type of business the individual will engage in.
- Be associated with a member firm to take a *qualification exam.

*Qualification exams include: Series 6 (Investment Company Representative), Series 7 (General Securities Representative), and more.

SIE Exam Prep Intensive™ AND Series 6 & 63 Exam Prep Intensive™

- Best prior to taking exam
- Gain clarity on the essentials
- Focus on key points
- Test strategies
- Ask questions IRL

Classroom Schedule

Live Classroom training over two days we cover the essentials of "What you Need to Know" and questions & answers with explanation. Ask questions in real time as you are learning in the classroom.

Thursday & Friday, 9:00 am - 4:00 pm.

Classes are available at our San Jose location.

*Tuition

SIE Exam Prep Intensive™	\$325
Series 6 Exam Prep Intensive™	\$325
Series 63 Exam Prep Intensive™	\$325
Series 6 & 63 Exam Prep Intensive™	\$575
Series 65 Exam Prep Intensive™	\$375
SIE, Series 6, and Series 63 Exam Prep Intensive™	\$875

*Tuition includes: 3 month pass from the date of registration to attend exam prep as often as you like or need and classroom course material.

For more detailed information and a complete list of other qualification exams

visit: <https://www.finra.org/registration-exams-ce/qualification-exams/securities-industry-essentials-exam>

SIE, Series 6, and Series 63 Schedule

The classes are available at our San Jose location. Classroom training benefits live teacher to student and student to student interaction. Enhances learning and retention. We offer the SIE and Series 6 & 63 alternating months.

Classroom Location

1885 Lundy Avenue, Suite 210, 2nd Floor of the the Five Branches University, San Jose, CA 95131

Securities Industry Essentials (SIE)

The Securities Industry Essentials® (SIE®) Exam is a FINRA introductory-level exam that assesses a candidate's knowledge of basic securities industry information that includes concepts fundamental to working in the industry, such as types of products and their risks; the structure of the securities industry markets, regulatory agencies and their functions; and prohibited practices.

- Number of Questions: 75
- Format: Multiple Choice
- Duration: 1 hour and 45 minutes
- Passing Score: 70
- Exam Fee: \$80

Quick Learning School SIE Exam Prep Schedule

May 2 & 3, 2024 | Thursday & Friday | 9 am - 5 pm
June 13 & 14, 2024 | Thursday & Friday | 9 am - 5 pm
August 15 & 16, 2024 | Thursday & Friday | 9 am - 5 pm

Series 6

The Series 6 exam, known as the Investment Company and Variable Contracts Products Representative Qualification Examination (IR), evaluates the competence of a new representative in carrying out their duties as an investment company and variable contracts products representative. It gauges each candidate's understanding of the essential responsibilities of this role, such as selling mutual funds and variable annuities.

- Number of Questions: 50
- Format: Multiple Choice
- Duration: 1 hour and 30 minutes
- Passing Score: 70%
- Exam Fee: \$75

Quick Learning School Series 6 & 63 Exam Prep Schedule

May 16 & 17, 2024 | Thursday & Friday | 9 am - 5 pm
July 18 & 19, 2024 | Thursday & Friday | 9 am - 5 pm
September 19 & 20, 2024 | Thursday & Friday | 9 am - 5 pm

Series 63

The Series 63 exam — the Uniform Securities State Law Examination — is a North American Securities Administrators Association (NASAA) exam administered by FINRA.

- Number of Questions: 60
- Format: Multiple Choice
- Duration: 1 hour and 15 minutes
- Passing Score: 43/60
- Exam Fee: \$147

Get my California Real Estate Salespersons License

For more specific information visit: www.dre.ca.gov

Prequalifications

- You must be at least 18 years of age.
- A California resident.
- All applicants must be honest and truthful, and conviction of a crime may result in the denial of a license. Failure to disclose any criminal violation or disciplinary action may also result in the denial of a license.

Complete the 135 hrs Prelicensing Requirement

You must first take and pass 135 hours of Pre-Licensing coursework, which consists of three courses: Real Estate Principles (45 hours), Real Estate Practice (45 hours), and an elective course of your choice (45 hours).

Pass the Final Exams for the Prelicensing RE Courses

To receive credit for the prelicensing course, you must take a final exam and pass with a score of 60% or better per course. You will need to schedule an appointment with a proctor in advance.

Pass the California Real Estate Licensing Exam

Apply to schedule for the California Real Estate Salesperson license. This exam consists of 150 multiple-choice questions with a time limit of 3 hours and 15 minutes, and the minimum passing score is 70%.

File Real Estate Salesperson License Application

After you pass the examination, then you must file for the Salesperson License Application. This form must be completed and returned along with the appropriate fee within one year of passing the examination. A license cannot be issued until DRE receives fingerprint response information.

Real Estate Courses

Courses are available online, self-directed, or part of the Instructor Led Study Group to prepare for licensing exam. To successfully pass and receive credit for the course, a passing grade of 60% or better on the final exam is required. California Real Estate Salesperson minimum requirement include 135 hours of Pre-Licensing coursework. Completion of three courses: Real Estate Principles (45 hours), Real Estate Practice (45 hours), and an elective course of your choice (45 hours).

Elective Courses

Choose any of these courses as your elective:

Real Estate Appraisal

Real Estate Economics

Real Estate Escrow & Title

Real Estate Finance

California Legal Aspects of Real Estate

Office Administration

Property Management

Quick Learning School • 5/2024 - 8/2024

Real Estate Principles (45 hours)

Introduction to the real estate industry, from licensing requirements to real estate business.

Real Estate Practice (45 hours)

Provides you with practical "how to" for a new real estate agent, such as prospecting and disclosure requirements in the sales process.

Real Estate License Exam Prep

Real Estate Salesperson One Day Exam Prep

Learn the essential information for the state exam including test taking strategies, key points, and Q & A.

Class Hours: 9:00 am - 5:00 pm

Real Estate Salesperson Exam Prep Study Binder

With over 1,000 sample questions, flash cards, and one year online access to sample test questions.

www.quicklearningschool.com

Prelicensing Requirement & Exam Prep

Live Weekly Zoom OR Classroom - Instructor Led Real Estate Study Group

Starter Package to ... Get your License!

We offer a package that includes the minimum educational requirements to sit for the CA Real Estate Salesperson license exam.

- *Six (6) sessions instructor led study group.
- *Three statutory courses : Real Estate Principles, Real Estate Practice, and an elective course in person proctored exams.
- Real Estate Study Binder with over 1,000 questions,
- One day exam prep

Meet weekly for instructor led study session and take the proctored final exams online or in person.

Weekly Classroom Starter Package \$799.00

*Live Weekly Zoom Starter Package \$854.00

*Additional fee per course for administering online final exam. Six (6) instructor led study group sessions.

Register Now

Live Zoom & San Jose Classroom Classes start:

June 5, 2024 | Wednesday
6 pm - 10 pm

Summer Session 2024 - 9 Sessions
June 5, 12, 19, 26,
July 3, 10, 17, 24, 31, 2024

New Start Date:
August 15, 2024 | Thursday
6 pm - 10 pm

In Person San Jose Location
1885 Lundy Avenue, Suite 210
San Jose, CA 95131

Call Us: 408-453-8133

Real Estate Licensing Exam Study Aids

Real Estate Study Binder

A binder with over 1,000 question and answers for the purpose of preparing you to pass the state licensing exam the first time. Also includes one year online access to study practice questions and answers, flashcards, online exam simulation.

Real Estate Salesperson Study Binder \$150.00
Real Estate Broker Study Binder \$175.00

Real Estate Exam Prep DVD OR CD (audio)

Cram Course on DVD or CD, learn the real estate terms by the professionals, simplified to assist you in retaining the information. Professionals review Questions and Right Answers. Highly Recommend to use with Exam Preparation Binder. \$55.00

Real Estate State Licensing Exam Prep

This one day cram course covers test taking techniques and strategies that will keep you focused on passing the exam. We also review key concepts, practice questions and answers, and set you up with the right mindset.

Class Location

San Jose | Online Zoom

Class Hours

9:00 am - 5:00 pm

Tuition

Real Estate Sales Agent Exam Prep
\$329

Real Estate Broker Exam Prep
\$349

Professional Development

■ Breathing Techniques

Repattern your breath, repattern your life. Learn breathing techniques to improve your attention, focus, mental, and emotional state. Breathing is a metaphor for life.

■ Improve Communication Skills

Learn a proven approach to improve your ability to understand and be understood.

■ Body Movement - Yin Yoga

Slow down to speed up. For those on the go, practice going inward and slowing down. Help the mind and body restore and refresh.

Mindset

Class Schedule

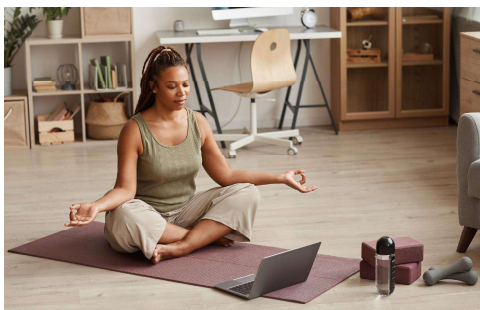
Intro: Breathing Techniques with Journaling

Learn the importance of an "everyday breathwork practice" and techniques to calm the nervous system.

Monday evenings
June 3, 10, 17, and July 1, 2024
7:00 pm - 7:30 pm
*Tuition: \$45

www.QuickLearnOnline.com/BMMY

*Includes June 2024 - Daily Reflection Journal (PDF), and weekly class handouts (PDF).



Learn techniques and everyday practices that will improve your focus, mental state, and physical body.

Practice

"Everyday Practice Breathwork"

**2024 Monday Morning
Breathwork Practice**

Meet us every Monday morning, 6:30 am - 7:00 am Live on Zoom for our weekly Breathwork practice.

Learn a new breathing technique and its benefits. Connect with community.
Complimentary class. All levels welcome. Fun approach to mindfulness and benefits to various breathing techniques.

www.quicklearnonline.com/bmmy

Strategies

Better Sleep with Yin

Another Mindful Monday Practice

Join us live on Zoom, 8:30 pm - 9:00 pm for a 30-minute Yin Yoga class every first and third Monday night of every month.

Complete the day intentionally. Slow down to get a better night's sleep. We start with light breathing exercise, then move into gentle restorative yoga poses we hold for 3 - 5 minutes.

www.quicklearnonline.com/bmmy